

Frontiers in Oncologic Prostate Care and Ablative Local Therapy

# FOCAL2020

OCTOBER 3-4

## VIRTUAL MEETING

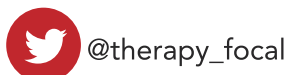
**SPANISH**  
TRANSLATION WILL  
BE PROVIDED FOR  
ALL LECTURES

FOR MORE INFORMATION & TO REGISTER [www.focalcme.com](http://www.focalcme.com)

**IN OFFICE**  
TRANSPERINEAL  
INTERVENTIONS

**FUSION-GUIDED**  
**PROSTATE**  
**ABLATION**

**STATE-OF-ART**  
**BPH**  
MANAGEMENT



# FOCAL2020

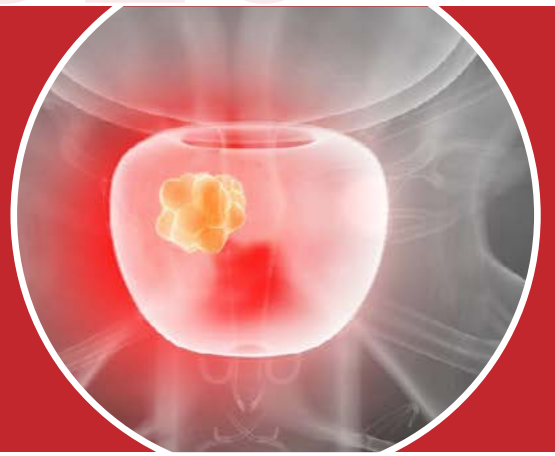
## PROGRAM DIRECTORS



Arvin K. George, MD



Abhinav Sidana, MD



## FACULTY



Andre Abreu, MD



Hashim U. Ahmed, MD



Casey Dauw, MD



Mihir Desai, MD



Mark Emberton, MD, FRCS



Inderbir S. Gill, MD



Amin Herati, MD



Amar Kishan, MD



Amir Lebastchi, MD



Leonard S. Marks, MD



Peter A. Pinto, MD



Thomas J. Polascik, MD



Art R. Rastinehad, DO



Stephen Scionti, MD



M. Minhaj Siddiqui, MD



Samir S. Taneja, MD



Sadhna Verma, MD



Srinivas Vourganti, MD



Jonathan Warner, MD



James Wysocki, MD

# AGENDA

SATURDAY, OCTOBER 3, 2020 (9:30 AM - 6:30 PM EDT)

## SESSION 1: PROSTATE MRI/FUSION BIOPSY

9:30 am – 9:45 am The Evidence for Prostate MRI and Fusion Biopsy *Peter A. Pinto, MD*

9:45 am – 10:10 am Prostate MRI for the Urologist *Sadhna Verma, MD*

10:10 am – 10:30 am LIVE Interactive Session: Prostate MRI Case Review *Art R. Rastinehad, DO*

## SESSION 2: INTRODUCTION TO FOCAL THERAPY

10:30 am – 10:45 am Rationale for Focal Therapy *Mark Emberton, MD, FRCS*

10:45 am – 11:00 am Patient Selection for Focal Therapy *James Wysock, MD*

11:00 am – 11:10 am Role of Biomarkers in Patient Selection in Focal Therapy *M. Minhaj Siddiqui, MD*

11:10 am – 11:25 am Live Discussion

### 11:25 am – 11:40 am BREAK

11:40 am – 12:00 pm Point-Counterpoint: AS vs. Focal Therapy for Low Risk Prostate Cancer

11:40 am *Amir Lebastchi, MD vs.*

11:47 am *Arvin K. George*

11:54 am Discussion

12:00 pm – 1:00 pm LIVE Focal Therapy Gauntlet: Battle of Focal Therapy Ablation Modalities (non-CME)

### 1:00 pm – 1:45 pm LUNCH/EXHIBITS

1:45 pm – 2:05 pm **KEYNOTE #1:** Mind the (Knowledge) Gap: Building Evidence for FT with Clinical Trials

*Hashim U. Ahmed, MD*

2:05 pm – 2:15 pm Live Discussion

## SESSION 3: PRINCIPLES OF FOCAL TREATMENT

2:15 pm – 2:25 pm Modalities, Maps and Margins: Optimizing Oncologic Efficacy

*Samir S. Taneja, MD*

2:25 pm – 2:35 pm Patient Safety: Operative Techniques to Minimize Morbidity

*Stephen Scionti, MD*

2:35 pm – 2:45 pm Live Discussion

2:45 pm – 3:45 pm Live Balloon Debate: Optimal Management of Unfavorable Intermediate Risk Prostate Cancer

Moderator: *Abhinav Sidana, MD*

HIFU – *Hashim U. Ahmed, MD*

Whole Gland Radiation – *Amar Kishan, MD*

Radical Prostatectomy – *Inderbir S. Gill, MD*

Cryoablation – *Thomas Polascik, MD, FACS*

Active Surveillance – *Peter A. Pinto, MD*

### 3:45 pm – 4:00 pm BREAK

## CONCURRENT COURSE: STATE-OF-THE-ART BPH MANAGEMENT

4:00 pm – 4:10 pm Introduction – Workup/Guidelines *Casey Dauw, MD*

4:10 pm – 4:20 pm Prostatic Urethral Lift *Amin Herati, MD*

4:20 pm – 4:30 pm Water Vapor Ablation *TBD*

4:30 pm – 4:40 pm Enucleation *Jonathan Warner, MD*

4:40 pm – 4:50 pm Prostatic Artery Embolization *Art R. Rastinehad, DO*

4:50 pm – 5:00 pm Waterjet ablation *Mihir Desai, MD*

5:00 pm – 5:10 pm Summary *Casey Dauw, MD*

5:10 pm – 5:30 pm Discussion

5:30 pm – 6:30 pm Live interactive Breakout (non-CME)

# AGENDA

**SATURDAY, OCTOBER 3, 2020 (9:30 AM - 6:30 PM EDT)** continued

## **CONCURRENT COURSE: IN-OFFICE TRANSPERINEAL INTERVENTIONS**

4:00 pm – 4:30 pm In-Office Transperineal Interventions *Arvin K. George, MD*

4:30 pm – 5:30 pm In-Office Transperineal Interventions: Live Interactive Breakout session (non-CME)

## **CONCURRENT COURSE: FUSION GUIDED ABLATION**

5:30 pm – 6:30 pm Fusion Guided Ablation: Live Interactive Breakout session (non-CME)

**SUNDAY, OCTOBER 4, 2020 (9:30 AM - 7:30 PM EDT)**

## **SESSION 4: SURVEILLANCE AND OUTCOME ASSESSMENT AFTER FOCAL THERAPY**

9:30 am – 9:40 am Functional Outcomes – Assessment, Tools, Frequency *Sri Vourganti, MD*

9:40 am – 9:50 am PSA and Biomarkers *Leonard S. Marks, MD*

9:50 am – 10:00 am Imaging and Biopsy *Samir S. Taneja, MD*

10:00 am – 10:15 am Live Discussion

## **SESSION 5: FOCAL THERAPY CHALLENGES AND CASE DISCUSSIONS**

10:15 am – 10:30 am Complications of Focal Therapy – Risk Factors, Timepoints, Management  
*Hashim U. Ahmed, MD*

10:30 am – 10:50 am **KEYNOTE #2:** Failure and Rescue: Mechanisms and Management of Recurrence  
*Mark Emberton, MD, FRCS*

10:50 am – 11:05 am Live Discussion

11:05 am – 11:30 am Case Discussions  
*Hashim U. Ahmed, MD, Mark Emberton, MD, FRCS,  
Leonard S. Marks, MD, Samir S. Taneja, MD*

11:30 am – 11:45 am Outcomes of Existing Focal Therapy Energy Modalities *Andre Abreu, MD*

**11:45 am – 12:30 pm LUNCH/EXHIBITS**

## **SESSION 6: STARTING A FOCAL THERAPY PROGRAM**

12:30 pm – 12:45 pm Contracting and Considerations *TBD*

12:45 pm – 1:00 pm Billing and Reimbursement (non-CME) *Karen Cornett, Hugo Embert*

1:00 pm – 1:30 pm Live Discussion

## **SESSION 7: WHAT'S ON THE HORIZON**

1:30 pm – 1:40 pm Navigating the Path to Approval *M. Minhaj Siddiqui, MD*

1:40 pm – 1:50 pm New Modality 1 (non-CME) *TBD*

1:50 pm – 2:00 pm New Modality 2 (non-CME) *TBD*

2:00 pm – 2:05 pm Conclusion



FOCAL Therapy



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info@focalcme.com

# FRONTIERS IN ONCOLOGIC PROSTATE CARE AND ABLATIVE LOCAL THERAPY (FOCAL)

## Objectives for the entire course:

- Describe the rationale for focal/partial gland therapy of prostate cancer
- Appropriately identify optimal candidates for focal treatments
- Evaluate the latest evidence on oncological and functional outcomes of focal therapy
- Describe surveillance strategies post-focal therapy of prostate cancer
- Prevent, identify and manage the complications of focal therapy
- Describe various steps of transperineal interventions and treatment planning for focal therapy using different modalities.
- Describe the indications, preoperative evaluation, surgical steps/procedure, and expected patient outcomes for various minimally invasive operations for BPH

## IN-OFFICE TRANSPERINEAL INTERVENTIONS

**This course provides users with a didactic lecture followed by an interactive break out session to learn about:**

- Administration of rectal hydrogel spacer (SpaceOARTM)
- Transperineal prostate biopsy under local anesthesia
- Transperineal fusion (Uronav, Koelis, FocalBx)

### **At the end of the didactic portion, participants will:**

- List the indications, contraindications, and limitations of transperineal prostate access
- Describe the shortcomings of transrectal biopsy including the risk infectious and bleeding complications, and the rising risk of antibiotic resistance.
- Describe the equipment required and setup for office-based transperineal procedures under local anesthesia
- Describe outcomes of patients undergoing transperineal systematic prostate biopsy including cancer detection rate, complications, and patient experience
- List the available TP fusion biopsy platforms and mechanisms of co-registration
- Describe the outcomes and limitations of transperineal rectal hydrogel spacer placement

### **At the end of the breakout session, participants will be able to:**

- Describe transperineal peri-prostatic block
- Describe TP access to any location in prostate for biopsy and markers
- Know how to assemble the TP access device and perform biopsy in any location of prostate
- Describes steps for co-registration and targeted sampling using a TP fusion biopsy platform
- Describe safe placement of hydrogel spacer from start to finish

## FUSION-GUIDED PROSTATE ABLATION

**This course provides users with an interactive opportunity to understand:**

- HIFU treatment planning for prostate HIFU ablation
- Cryoprobe placement and treatment planning for prostate cryoablation planning using transperineal fusion platforms

**At the end of the breakout session, participants will:**

- Understand treatment planning for focal prostate HIFU ablation
- Describe HIFU probe preparation, placement and beginning a procedure
- Describe prostate focal cryoablation planning using transperineal fusion platform
- Describe cryoprobe placement to ensure adequate tumor coverage and avoid vital structures

## STATE-OF-THE-ART BPH MANAGEMENT

**This course provides users with a didactic lecture followed by an interactive breakout session to learn the the following procedures:**

- Water Vapor Ablation
- Enucleation
- Prostatic Urethral Lift
- Water Jet Ablations

**At the end of the didactic portion, participants will:**

- Describe the workup and guidelines for the management of BPH
- List the indications and contraindications of contemporary minimally invasive surgical options for the treatment of BPH
- Describe the equipment required and setup for various surgical treatment options
- Describe the outcomes of various surgical treatment options for BPH

**At the end of the breakout session, participants will:**

- Describe treatment planning for water jet ablation of prostate
- Describe optimal implant placement for prostatic urethral lift
- Describe the steps of thermal water vapor ablation
- Understand the steps of enucleative of BPH treatments

## ACCREDITATION AND CME POLICY

In support of improving patient care, Rush University Medical Center is jointly accredited by the American Nurses Credentialing Center (ANCC), the Accreditation Council for Pharmacy Education (ACPE), and the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing education for the healthcare team.

### ***Pending CME approval***

Rush University Medical Center designates this live activity for a maximum of 10.75 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only credit commensurate with the extent of their participation in the activity.

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